

El Camino College COURSE OUTLINE OF RECORD – Approved

١.	GENERAL COURSE INFORMATION		
	Subject and Number:	Physical Education 79	
	Descriptive Title:	Futsal/Indoor Soccer	
	Course Disciplines:	Physical Education	
	Division:	Health Sciences and Athletics	

Catalog Description:

This course will provide instruction for futsal players. Futsal is a type of five versus five indoor soccer. Technical skills taught will include passing, controlling, shooting and dribbling. Basic futsal strategies will be introduced and students will gain a working knowledge of the laws of the game of futsal.

Course Length: Hours Lecture: Hours Laboratory: Course Units:	<u>X</u> Full Term 0 hours per week 3.00 hours per week 1.00	Other (Specify number of weeks): TBA TBA
Grading Method: Credit Status:	Letter Associate Degree Cred	it
Transfer CSU: Transfer UC:	<u>X</u> Effective Date: No	

General Education: El Camino College: 5 – Health and Physical Education CSU GE: IGETC:

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Students will demonstrate passing the ball accurately a distance of ten yards.

2. Students will be able to successfully control a ball passed to them from twenty yards away with their instep.

3. Student will identify the "Laws of the Game" and explain the rules and regulations governing the sport.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at<u>http://www.elcamino.edu/academics/slo/</u>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

- Identify the laws of the game of futsal. Performance Exam
- 2. Analyze various systems of play for attack and defensive strategies. Class Performance
- 3. Demonstrate ball control techniques using the head, chest, thighs and feet. Class Performance
- 4. Apply, analyze, and demonstrate basic futsal skills and techniques. Class Performance
- 5. Identify different tactical situations with an understanding of the timing and current score of the game.

Class Performance

6. Demonstrate a clear understanding of the history of the game and why the game is important for development.

Essay Exam

III. OUTLINE OF SUBJECT MATTER Topics should be detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.

Lecture or	Approximate	Number	Major Topics
Lab	Hours		
Lab	2	1	Introduction to Futsal
			A. The history and background of Futsal
			B. Law of the game
			C. Futsal terminology
Lab	12	П	Technical Skills
			A. Passing
			B. Ball control
			C. Shooting
			D. Dribbling
			E. Tackling
			F. Goalkeeping
Lab	10	111	Position Responsibilities
			A. Forwards/Strikers
			B. Midfielders
			C. Defenders
			D. Goalkeeper
Lab	10	IV	Systems of Play
			A. Attacking
			B. Defending
			C. Attacking with a man advantage
			D. Defending with a man disadvantage
Lab	10	V	Game Restarts
			A. Kick offs
			B. Kick ins
			C. Corner kicks
			D. Goal Kicks
			E. Free kicks
Lab	10	VI	Game Strategies
			A. 2 vs 2
			B. 4 vs 4
			C. Half field; attack vs defense
			D. 5 vs 5
Total Lecture	e Hours	0	
Total Labora	tory Hours	54	
Total Hours		54	

IV. PRIMARY METHODS OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION

Demonstrate to instructor accuracy in passing a soccer ball a distance of 10 yards.

C. COLLEGE LEVEL CRITICAL THINKING ASSIGNMENTS

- 1. In a two-on-two situation, demonstrate how you would use a "wall pass" to beat the two defenders in combination play.
- 2. Explain to your instructor strategies used when defending your goal from a direct free-kick. Describe positioning of the wall and the goalkeeper given two different angles and distances.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS

Class Performance Performance Exams Essay Exams

V. INSTRUCTIONAL METHODS

Lab Demonstration

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instructional delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Course is lab only - minimum required hours satisfied by scheduled lab time

Estimated Study Hours Per Week:

VII. TEXTS AND MATERIALS

- A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS
- **B. ALTERNATIVE TEXTBOOKS**
- C. REQUIRED SUPPLEMENTARY READINGS
- D. OTHER REQUIRED MATERIALS

VIII. CONDITIONS OF ENROLLMENT

A. Requisite/s (Course and Non-Course Prerequisite/s and Corequisite/s). Add rows as needed.

Requisites Category and Justification

B. Requisite Skills - Match skills from prerequisite course/s or non-course prerequisites without which a student would be "highly unlikely to succeed."

Requisite Skills – Matching

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification

D. Recommended Skills. Match skills from recommended courses or non-course prerequisite that would "enhance a students' ability to succeed in the courses".

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact

Course created by: John Britton, Fall 2019

BOARD APPROVAL DATE: 12/19/2019

LAST BOARD APPROVAL DATE: